

## People Scrutiny Panel

### Children and Young People's Emotional Health and Wellbeing – Ensuring Appropriate, Timely and Integrated Support

#### Terms of Reference – scrutiny review.

**Rationale** – This review will examine how well local arrangements are working for providing support for children and young people with emotional or mental health issues. This work will concentrate on two key documents: the 'Helping Children and Families Threshold Document 2016/20' and the 'North Lincolnshire Children and Young People's Emotional Health and Wellbeing Transformation Plan 2015/20'.

These documents set out the local vision for how children and young people receive the 'right support, at the right place, at the right time' for their wellbeing. The Threshold Document seeks to ensure strong universal services, easily available to all, to free up more specialist services to deal with those with a higher level of need. The Transformation Plan builds upon this, setting out how services can, and are, being delivered.

The panel intends to focus on ongoing progress on local priorities of encouraging good mental health, improving access, and supporting universal services. A specific focus on local efforts to move away from a referral model to a more inclusive, integrated model of support will be a key element of the panel's work. The panel also intends to learn from work elsewhere, including the CQC's ongoing learning on children and young people's mental health services.

**Purpose of the Review** – Local services for promoting and supporting emotional wellbeing are well-regarded in North Lincolnshire and, in the majority of cases, operate well. The review is intended to provide assurance to the panel that all necessary arrangements for effective communication, joint working and integration, and co-ordinated working

methods are in place. The panel also wish to ensure that all parties are working towards the local vision.

**Methodology** – The review will be undertaken through the use of formal and informal discussions with a range of stakeholders. Formal scrutiny meetings will be held with key partners, with additional conversations held with others throughout the life of this project. The panel has identified many potential witnesses, including the CCG, various teams across the local authority, the specialist mental health provider, schools and colleges, GPs etc. etc. A draft timetable is currently being prepared and will be agreed by the panel. The panel may wish to undertake site visits.

Whilst this review is specifically examining the local infrastructure to co-ordinate efforts rather than looking at young people's emotional health per se, opportunities for informal discussions with families, children and young people, and front-line staff, will be incorporated into the above timetable.

As with all scrutiny reviews, the above methodology will be informed by desktop research, examining data and other evidence.

**Resources** - Required resources will be met from existing provision.

**Next Steps** – Initial meetings with Rotherham, Doncaster and South Humber Foundation Trust (17 April 2018), the Independent Chair of the Local Safeguarding Children Board (19 April 2018), and North Lincolnshire CCG (to be confirmed), are currently being finalised. The panel's final report, including recommendations, will be agreed and passed to the council's Cabinet and external partners for consideration and action, in line with existing practices. Progress will be monitored by the panel.